



Intuitive Painting With Brianna Gosselin

Monday Afternoons 1:00 pm - 4:00 pm

Monday Evenings 6:00 pm - 9:00 pm

Learn the art of intuitive painting and exploring the process of creating rather than only being concerned with the finished product. □ We will be exploring how to approach the canvas, paint application, mark making, texture choice, warm vs cool colors, color theory and layering. Learn to listen to your intuition and trust in the creative process, discover what emerges between each layer of paint and bring out what comes naturally.

To gain a better understanding of the techniques used with Intuitive Painting, we will go through the process of two different paintings as a group, step by step.

Weekly art journal activities will be assigned to allow our creative minds to continue working when not in the studio.



Week 1

Introduction, materials and colours!

During our first class, we will go over all the materials we will be using during the course. We will cover everything from different grades of paint, preferred paint brushes, mediums and paint markers. Please note you do not have to have all art supplies by the first class. If you have questions or are uncertain on what brand of paint to buy, we will be going over everything here.

Please make sure you do bring a square canvas measuring 12" x 12" or larger, as we will be beginning our first project of the term.

We will then explore the colour wheel and discuss the importance of colour theory when it comes to Intuitive Painting. Begin our first painting: Warm Tweet, followed by art journal homework

Week 2

Group discussion on how homework of art journal activities went.

Continue working on and finish our group painting Warm Tweet.

Lesson and discussion on how to finish a painting and varnishing.

Art Journal Homework - Plus a reminder to bring a new canvas for next class.



Week 3

Group discussion on how homework of art journal activities went.

Begin working on our next group painting: Astral Travelling.

Art Journal Homework

Week 4

Group discussion on how homework of art journal activities went.

Begin working on and finish our group painting: Astral Travelling.

Lesson and discussion on how to finish a painting and varnishing.

Art Journal Homework - Plus a reminder to bring in a canvas for the following week.

Week 5

Group discussion on how homework of art journal activities went.

Lesson and discussion on beginning our own pieces, remembering the layering process we have learned in previous classes. How to tell which direction our pieces will go and what to bring out in the painting and what to leave behind.

Art Journal Homework

Week 6 - Class Potluck

To celebrate a wonderful term of creating together, we will be celebrating with a class potluck and be going over different ways to stay inspired once we each go on our way.

Group discussion on how homework of art journal activities went.

Continue working on our paintings, some will be finishing up, others will most likely wish to continue working on their pieces after the term.

Required Materials:

- Acrylic Paint: Red, Blue, Yellow, Black, White AND a variety of any colors that speak to you, they can be vibrant, bold, or neutral. It is important to select colors you find inviting.

- Brushes: Foam brushes (mod podge ones-these can be purchased at the dollar store) and a variety of brushes you prefer to use.

- A Spray Bottle for Water

- A variety of mark making tools you find interesting: sticks, hair clips, stamps, corks, string, stencils, comb, etc.

- Canvases. During the first four classes, we will be working on two group paintings. For the first class, please make sure you bring a square canvas measuring 12" x 12" or larger. We will discuss canvases and future sizes during class.

- A small notebook or journal. We will be exploring how to record daily findings that are inspirational to us and help us organize our thoughts. These art journals/notebooks are personal and you will not be required to show them to the class if you do not wish to.